

## CURRICULUM VITAE

**Brandy Mitchell, DNP, RN, ANP-BC, WHNP-BC**

Lecturer

University of Iowa Hospitals & Clinics  
Department of Obstetrics and Gynecology  
1360 North Dodge St.  
Iowa City, IA 52245  
Brandy-mitchell@uiowa.edu

### EDUCATION

2018 DNP, Nursing, University of Colorado - Aurora, CO  
2008 MN, Nursing, University of Washington - Seattle, WA  
1998 BSN, University of Iowa - Iowa City, IA

### LICENSURE

2015-present RN, Iowa Board of Nursing # 142160  
2015-present NP, Adult Health, Iowa Board of Nursing # H142160  
2015-present NP, Women's Health, Iowa Board of Nursing # F142160

### CERTIFICATIONS

2008-present ANCC, Adult Nurse Practitioner, # 2008007860  
2008-present NCC, Women's Health Care Nurse Practitioner, # 104340636

### PROFESSIONAL EXPERIENCE

#### Academic Appointments

2020-present Lecturer, University of Iowa, College of Nursing, Iowa City, IA

#### Administrative Appointments

2018-2020 ARNP Supervisor, University of Iowa Hospitals & Clinics, Department of Obstetrics and Gynecology, Generalists Division, Iowa City, IA  
2008-2010 Clinical Nurse Manager, Kremmling Memorial Hospital District, Grand County, CO  
2000-2006 Nursing Program Manager, Denver Public Health STD Clinic, Denver, CO

## Clinical Appointments

- 2016-present Nurse Practitioner, University of Iowa Hospitals & Clinics, Department of Obstetrics and Gynecology, Generalists Division, Iowa City, IA
- 2016 Nurse Practitioner/Senior Clinician, Planned Parenthood of the Heartland, Iowa City, IA
- 2010-2016 Nurse Practitioner/Title X Clinical Coordinator, Denver Health Medical Center, Denver Colorado
- 2008-2012 Nurse Practitioner, Planned Parenthood of the Rocky Mountains, Granby, CO
- 2000-2003 Staff Nurse, Denver Public Health STD Clinic, Denver, CO
- 1999-2001 Sexual Assault Nurse Examiner, Saint Anthony North Hospital, Westminster, CO
- 2000-2003 Staff Nurse, Planned Parenthood of the Rocky Mountains, Denver, CO
- 1999 Staff Nurse, Exempla Saint Joseph Hospital, Mother Baby Unit, Denver, CO

## HONORS AND AWARDS

- 2023 **Patient's Choice Provider** recognition for top 10% in the nation for patient experience, determined by 2022 UIHC Press Ganey patient surveys.
- 2022 **Patient's Choice Provider** recognition for top 10% in the nation for patient experience, determined by 2021 UIHC Press Ganey patient surveys.
- 2022 **University of Iowa Carver College of Medicine Obstetrics and Gynecology 2022 ANRP Teacher of the Year**

## SCHOLARSHIP

### Publications

#### Journal articles

Shamos, S. J., Mettenbrink, C. J., Subiadur, J. A., **Mitchell, B.**, & Rietmeijer, C. A. (2008). Evaluation of a testing-only "express" visit option to enhance efficiency in a busy STI clinic. *Sexually Transmitted Diseases*, 35(4), 336-340.

#### Technical, research, evaluation, consultation, or accreditation reports

McEwen, D., **Mitchell, B.**, Subiadur, J.A., Davidson, A. (2006). *Implementation of an electronic*

*medical record in a county public health STD clinic.* Health IT in Government - Transforming Healthcare and empowering citizens: A report for the Intergovernmental Advisory Board, 47-50.

## Research and Clinical Presentations

### National

- 2021 **Mitchell, B.**, History of LARCs in Colorado and Nationally, LARC Challenging Cases, and 1:1 Practice LARC Insertion and Removing Techniques, 2021 LARC Symposium, Colorado Department of Public Health and Environment, virtual conference, invited
- 2021 **Mitchell, B.**, Advanced Techniques for LARC Insertion and Removal, 2021 Family Planning Conference, Colorado Department of Public Health and Environment, virtual conference, invited
- 2019 **Mitchell, B.**, IUD Procedure Training and LARC Challenging Cases for Title X providers, Iowa Title X grantees, Grinnell, invited
- 2019 **Mitchell, B.**, LARC Challenging Cases – Complications & Difficult Placements and Removals, LARC Symposium, Colorado Department of Public Health and Environment, Denver, CO, invited
- 2018 Ross, E., Huber-Keener, K., **Mitchell, B.**, Bowdler, N., Hardy-Fairbanks, A. PICOT vs. PrevenaT, Two Negative Pressure Wound Therapy Systems for preventing Post-cesarean Wound Complications, American College of Obstetrics and Gynecology Annual Clinical and Scientific Meeting, Austin, TX, poster presentation
- 2018 **Mitchell, B.** LARC 201: Advanced Management of Women with IUDs and Implants, LARC Symposium, Colorado Department of Public Health and Environment, Keystone, CO, invited
- 2018 **Mitchell, B.** LARC 201: Advanced Management of Women with IUDs and Implants, LARC Symposium, Colorado Department of Public Health and Environment, Durango, CO, invited
- 2017 **Mitchell, B.** LARC 201: Advanced Management of Women with IUDs and Implants, 11th Annual Women’s Health Conference, Colorado Department of Public Health and Environment, Keystone, CO, invited
- 2017 **Mitchell, B.** LARC for Intermediate, LARC Symposium, Colorado Department of Public Health and Environment, Pueblo, CO, invited
- 2017 **Mitchell, B.** LARC for Intermediate, LARC Symposium, Colorado Department of Public Health and Environment, Grand Junction, CO, invited

- 2016 **Mitchell, B.** LARC for Intermediate, LARC Symposium, Colorado Department of Public Health and Environment, Denver, CO, invited
- 2015 Rinehart, D., **Mitchell, B.**, Tomas-Gale T., Durfee M., Loomis L., Kuka K. Increasing Adolescent Access to Long-Acting Reversible Contraception, American Public Health Association Annual Conference, Chicago, IL, poster presentation
- 2015 Tomas-Gale, T., Rinehart, D., **Mitchell B.**, Durfee, J., Loomis, L., Increasing Access to Long-Acting Reversible Contraception in a Community Health Center (FQHC) Setting, National Association of Community Health Centers Annual Meeting, Orlando, FL, poster presentation
- 2015 Tomas-Gale, T., Rinehart, D., **Mitchell B.**, Loomis, L., Increasing Access to Long-Acting Reversible Contraception in a Community Health Center, Academy Health Annual Meeting, Minneapolis, MN, poster presentation
- 2015 **Mitchell, B.**, Tomas-Gale, T., Increasing Utilization of Long-Acting Reversible Contraceptives, CityMatCH Annual Conference, Salt Lake City, UT, podium presentation
- 2015 **Mitchell, B.**, Increasing Long-Acting Reversible Contraception Utilization in a Community Health Center (FQHC) Setting, American Public Health Association Annual Conference, Chicago, IL, podium presentation
- 2006 Subiadur, J., **Mitchell, B.**, McEwen, D., Rietmeijer, C.A., Increasing the efficiency of STI clinics by tailoring services based on a risk triage system. National STD Prevention Conference, Centers for Disease Control, Jacksonville, FL, poster presentation
- 2006 Rietmeijer, C.A., **Mitchell, B.**, Subiadur, J. Increased HIV testing uptake in a busy urban STI clinic following the introduction of rapid HIV testing and opt-out consenting., National STD Prevention Conference, Centers for Disease Control, Jacksonville, FL, poster presentation
- 2005 Rietmeijer, C.A., Lloyd, L.V., **Feuss, B.**, Trends in HIV testing before and after the introduction of rapid testing in a busy urban sexually transmitted infection clinic. 43d Annual Meeting of the Infectious Diseases Society of America, San Francisco, 2005, poster presentation
- 2004 **Mitchell, B.**, Rapid HIV Testing: The Denver Experience, National Coalition of STD Directors Annual Meeting, Baltimore, MD, invited

### State/Regional

- 2019 **Mitchell, B.**, Contraception: Managing Difficult Cases and Side Effects, Family Planning Update, Family Planning Council of Iowa, Des Moines, IA, invited

- 2019 **Mitchell, B.**, Contraceptive Update, Family Planning Update, Family Planning Council of Iowa, Des Moines, IA, invited
- 2019 **Mitchell, B.**, LARC: Troubleshooting and Difficult Cases, Iowa Department of Public Health, Grinnell, IA, invited
- 2015 **Mitchell, B.**, Thomas-Gale, T., Increasing LARC Utilization: New Approaches Involving the Entire Healthcare Team, National Sexual Health Conference, Keystone, CO, podium presentation
- 2014 **Mitchell B.**, Kuka, K., Thomas-Gale, T., School-Based Health Educators: Increasing Student Access to LARC. 2014 Colorado Title X Conference, Keystone, CO, podium presentation
- 2005 **Mitchell, B.**, Rapid HIV Testing: The Denver Public Health Experience, Public Health in Colorado Conference, Colorado Department of Public Health and Environment, Snowmass, CO, invited

#### **Local**

- 2022 **Mitchell, B.**, Contraception Update, University of Iowa Student Health providers, Iowa City, IA, invited
- 2019 **Mitchell, B.**, LARC Procedures Training, University of Iowa College of Nursing, Iowa City, IA, invited
- 2018 **Mitchell, B.**, Long Acting Reversible Contraception, Gynecology Resident Teaching Conference, University of Iowa Department of Obstetrics and Gynecology, Iowa City, IA, invited
- 2018 **Mitchell, B.**, Adolescent Contraceptive Update, 2018 Annual School Nurse Conference, University of Iowa College of Nursing, Coralville, IA, invited
- 2018 **Mitchell, B.**, Adolescents and LARC: It's Still worth Talking About, Grand Rounds, University of Iowa Department of Obstetrics and Gynecology, podium presentation, Iowa City, IA
- 2017 **Mitchell, B.**, Adolescent Contraception Update, 2017 Annual Spring Conference, University of Iowa College of Nursing and Iowa Association of Nurse Practitioners, invited, Coralville, IA
- 2015 **Mitchell, B.**, Contraception, Pediatric Residency Program, University of Colorado, invited, Denver, CO
- 2013 **Mitchell, B.**, Contraception, Lorretto Heights School of Nursing FNP program, Regis University, invited lecturer, Denver, CO

- 2005 **Mitchell, B.**, STD Challenges in Nursing, Annual Denver STD/HIV Clinical Update, Denver Health STD Prevention Training Center, invited, Denver, CO
- 2005 **Mitchell, B.**, STD Case Studies: panel discussion, Annual Denver STD/HIV Clinical Update, Denver Health STD Prevention Training Center, invited, Denver, CO
- 2004 **Mitchell, B.**, STD Case Studies: panel discussion, Annual Denver STD/HIV Clinical Update, Denver Health STD Prevention Training Center, invited, Denver, CO

## **SERVICE**

### **Professional Memberships & Service**

#### **Society/Association membership**

American Nurses Association  
 Iowa Nurses Association  
 American Society for Colposcopy and Cervical Pathology  
 American College of Obstetrics and Gynecology  
 National Family Planning and Reproductive Health Association  
 Nurse Practitioners in Women's Health

#### **Advisory Panels**

- 2018, 2019 U.S. Department of Health and Human Services, Office of Population Affairs, Family Planning Services, Title X Grant Panel Reviewer, appointed
- 2014-2016 Colorado Department of Public Health and Environment, Title X Family Planning Program Advisory Committee, Member, volunteer

#### **University**

- 2021 University of Iowa Hospitals & Clinics, COVID-19 vaccine administration, vaccinator, volunteer
- 2017-2018 University of Iowa Girls Go STEM Day, provided Q&A sessions with parents regarding adolescent reproductive health topics, invited

#### **Community**

- 2021 - Family Folk Machine non-profit intergenerational community choir, vocalist
- 2021 Table to Table non-profit food rescue, volunteer

- 2013-2016 Denver Health Foundation, vocalist in the employee band at foundation events, elected
- 2008-2012 West Grand School District, Kremmling Colorado, provided sexual health education to elementary and middle school students, volunteer
- 2008-2012 9Health Fair, Grand County, Colorado, phlebotomist, health education, volunteer

## **TEACHING**

### **Course Instruction**

- 2024 Spring NURS:5031 Health Promotion & Assessment for Advanced Clinical Practice, team instructor, graduate
- NURS:5039 Advanced Diagnostics & Therapeutic Procedures for Primary Care, team instructor, graduate
- NURS:6702 Advanced Practice Clinical Practicum II, team instructor, graduate
- 2023 Fall NURS:6100 Primary Care: Infants, Children, & Adolescents, lecturer, graduate
- 2023 Summer NURS:6703 Advanced Practice Clinical Practicum III, lecturer, graduate
- 2023 Spring NURS:5031 Health Promotion & Assessment for Advanced Clinical Practice, team instructor, graduate
- NURS:5039 Advanced Diagnostics & Therapeutic Procedures for Primary Care, team instructor, graduate
- NURS:6702 Advanced Practice Clinical Practicum II, team instructor, graduate
- 2022 Fall NURS:6100 Primary Care: Infants, Children, & Adolescents, lecturer, graduate
- NURS:6701 Advanced Practice Clinical Practicum I, lecturer, graduate
- 2022 Summer NURS:6703 Advanced Practice Clinical Practicum III, lecturer, graduate
- 2022 Spring NURS:5031 Health Promotion & Assessment for Advanced Clinical Practice, team instructor, graduate
- NURS:5039 Advanced Diagnostics & Therapeutic Procedures for Primary Care, team instructor, graduate
- 2021 Fall NURS:6100 Primary Care: Infants, Children, & Adolescents, lecturer, graduate
- NURS:6200 Primary Care: Adult & Older Individuals, lecturer, graduate

- 2021 Summer NURS:6703 Advanced Practice Clinical Practicum III, lecturer, graduate
- 2021 Spring NURS:5031 Health Promotion & Assessment for Advanced Clinical Practice,  
team instructor, graduate
- NURS:5039 Advanced Diagnostics & Therapeutic Procedures for Primary Care,  
team instructor, graduate
- 2020 Fall NURS:6100 Primary Care: Infants, Children, & Adolescents, lecturer, graduate  
NURS:6200 Primary Care: Adult & Older Individuals, lecturer, graduate

### **Medical Student Teaching**

#### **University of Iowa**

- 2016-present Clinical preceptor for medical and PA students in their OB/GYN clerkship rotations

### **MENTORING AND ADVISEMENT**

#### **DNP Project Mentorship**

#### **University of Iowa**

- 2021- 2023 Allison Wampler, Development and Implementation of a Comprehensive Women's Health Trauma Informed Care Program, May 2023, Faculty Mentor